

**Instructions**

1. Please print.
2. Part I to be completed by patient.
3. Part II–VI to be completed by physician.
4. Any fee for completing this form is the patient's responsibility.

**PART I: PATIENT AUTHORIZATION**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Last First Initial YYYY MM DD

I hereby authorize the release of any information herein requested by my insurer or its agent.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**PART II: ATTENDING PHYSICIAN**

Name \_\_\_\_\_ Specialty \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

**Part III: HISTORY OF PRESENT CONDITION(S)**

1. If condition is related to pregnancy, indicate date or expected date of delivery (attach prenatal clinical notes) \_\_\_\_\_  
YYYY MM DD
2. Is condition due to injury or sickness arising from the patient's employment?  Yes  No  Unknown  
 Have workers compensation forms been completed?  Yes  No  Unknown
3. a. Primary diagnosis \_\_\_\_\_ Scale: DSM (\_\_\_\_) Grade (\_\_\_\_)  
 \_\_\_\_\_ Class (\_\_\_\_) Grade (\_\_\_\_)
- b. Secondary diagnosis \_\_\_\_\_ Scale: DSM (\_\_\_\_) Grade (\_\_\_\_)  
 \_\_\_\_\_ Class (\_\_\_\_) Grade (\_\_\_\_)
- c. Date symptoms first appeared or accident happened \_\_\_\_\_  
YYYY MM DD
- d. Initial examination date \_\_\_\_\_  
YYYY MM DD
- e. Date patient ceased working due to this condition \_\_\_\_\_  
YYYY MM DD
- f. Symptoms (include severity & frequency)  
 \_\_\_\_\_  
 \_\_\_\_\_
- g. Clinical findings (attach copies of X-rays, test results, etc.)  
 \_\_\_\_\_  
 \_\_\_\_\_
- h. Functional limitations/restriction (specify length of time or maximum weight)  
 Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_ Lifting \_\_\_\_\_ Carrying \_\_\_\_\_ Bending \_\_\_\_\_
- i. Expected duration of restrictions/limitations \_\_\_\_\_
- j. Current height \_\_\_\_\_ weight \_\_\_\_\_

**Part IV: FACTORS AFFECTING RECOVERY**

General fitness \_\_\_\_\_

Addiction \_\_\_\_\_

Diet \_\_\_\_\_

Work environment \_\_\_\_\_

Home environment \_\_\_\_\_

Past medical history \_\_\_\_\_

Pre-existing conditions \_\_\_\_\_

Family history of present condition \_\_\_\_\_

Has the patient previously had a similar condition?  Yes  No If yes, specify date of initial onset \_\_\_\_\_

**PART V: MANAGEMENT PLAN FOR THE CURRENT CONDITION**

DATE (YYYY | MM | DD)

- Frequency of visits \_\_\_\_\_
- Date of most recent visit \_\_\_\_\_
- Date of re-evaluation \_\_\_\_\_
- Hospitalization dates - include admission/discharge summaries


- Surgery date(s) and type(s) - include operative report(s)


- Medication - include dosage


**Name of Other Health Care Providers**

**Specialty**

- Specialists \_\_\_\_\_
- Chiropractor \_\_\_\_\_
- Counsellor \_\_\_\_\_
- Therapist \_\_\_\_\_
- Additional testing \_\_\_\_\_  
planned
- Other \_\_\_\_\_


Is the patient following recommended treatment program?  Yes  No

**PART VI: ESTIMATED TIME FOR RECOVERY**

1. Patient Progress  
 None    Regressed    Minimal Improvement    Significant Improvement    Plateaued    Resolved
2. Patient Prognosis       Poor                       Good
3. Expected duration of recovery period \_\_\_\_\_
4. In your opinion, is the patient a suitable candidate for medical or functional rehabilitation (i.e., conditioning program, counselling, etc.)?  Yes  No    Explain why. \_\_\_\_\_  
\_\_\_\_\_
5. In your opinion, is the patient a suitable candidate for a work re-entry program (i.e., ease back, modified duties, gradual return to work, etc.)?  Yes  No    Explain why. \_\_\_\_\_  
\_\_\_\_\_
6. Any additional information or details that may have a significant impact on the patient's recovery from this condition?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_